Trinity Sunday – 12<sup>th</sup> June 22

Who or what is the Trinity?? The Father, the Son and the Holy Spirit – A real mystery!!



•One apple has three parts: the skin, flesh and the seeds. When you cut an apple in half, you can see that each of these three parts are different.

•The skin represents God the Father because He protects us.

•The flesh represents God the Son because Jesus Christ took on human flesh.

•The seeds represents God the Holy Spirit because through His power, we grow in faith.

•Each of the parts of an apple are different, but they are ALL one apple!

•I wonder.....Are the persons of God all different (Father, Son and Holy Spirit)? But yet they are ALL One God!......What an amazing Mystery!

The Holy Trinity
The peel is like God the \_\_\_\_\_\_
because He protects us!
The flesh is like God the \_\_\_\_\_\_
because Jesus is God made flesh!
The seeds are like the \_\_\_\_\_\_
because He helps us grow!

The Trinity is three parts in one!

## The Trinity Is.....

God the Father

- Creator
- Holy
- Almighty
- All-knowing
- Everlasting

God the Son

- Redeemer
- Savior
- Messiah
- Lord
- Emmanuel

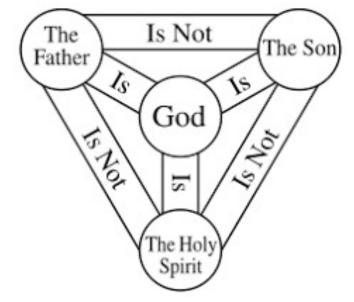
God the Holy Spirit

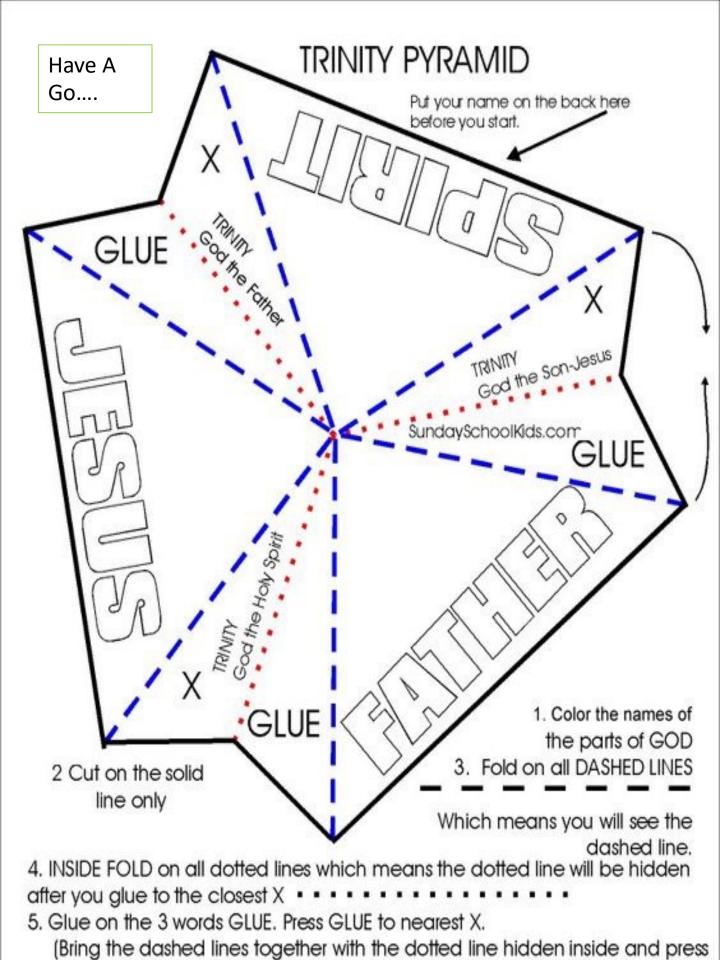
- Advocate
- Guide
- Helper
- Counsellor
- Paraclete











## 5 Finger Prayer

4) The **ring finger** is the weakest. Pray for the sick, poor, and **those most in need**. 5) The **pinkie finger** is the smallest. Pray for **yourself** and your own needs.

 The middle finger is the tallest. Pray for leaders in government, business, and the church.

 The pointer finger is used to give directions. Pray for teachers, coaches, therapists, doctors, and first responders.

 Your thumb is closest to your heart, so pray for those closest to you your family and friends.

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