



Sunday 20 March 2022

[www.st-matthias-church.org](http://www.st-matthias-church.org)

## Welcome!

Today, the theme is Prayer

Join us either in church or online via our YouTube channel

<https://tinyurl.com/88s6x6fd>

or via the church website - follow links from 'online services and worship resources' home page

<b>Today</b> <b>20 March</b>	<b>8am Holy Communion</b> ( <i>Book of Common Prayer</i> ) in church
	<b>9.30am 'Explore'</b> informal worship for all ages with children's group <a href="#">the-lords-prayer-activity sheet</a>
	<b>11am Holy Communion 'Prayer'</b> in church and livestreamed <a href="https://youtu.be/EyeN_B_uAQ8">https://youtu.be/EyeN_B_uAQ8</a>
	<b>5.30pm Prayer meeting</b> in church
	<b>7.30pm Pray for Ukraine at St Mary Mags</b>
<b>Our readings today are:</b> Isaiah 55:1-9 <a href="https://tinyurl.com/2p8px2ba">https://tinyurl.com/2p8px2ba</a> Luke 11:1-13 <a href="https://tinyurl.com/yckzk3bh">https://tinyurl.com/yckzk3bh</a>	

### Collect

Eternal God,  
 give us insight  
 to discern your will for us,  
 to give up what harms us,  
 and to seek the perfection we are promised  
 in Jesus Christ our Lord. **Amen**

### Prayer Resources:

- lectio 365 provides structured, guided prayer for both morning and evening (c10 mins each)

[Lectio 365 - 24-7 Prayer International](#)

- The daily prayer app from the Church of England, structured

prayer time for morning, evening and night prayer each day, with a time for intercessory prayer built in (c25 minutes) [Daily Prayer app and podcast](#)  
[The Church of England](#)

- Time to Pray app – this has prayer during the day and night prayer, (longer than lectio 365 but shorter than daily prayer) [Time to Pray](#)  
[chpublishing.co.uk](http://chpublishing.co.uk)

- Pray as you Go - daily prayer with a short bible reading – between 10 and 14 minutes long. <https://pray-as-you-go.org/>

**UKRAINIAN REFUGEE ACTION GROUP (URAG)** Thank you to everyone who came along to the meeting last Sunday to look at ways we can unite as a church to support Ukrainian refugees and their hosts. As a result we have a co-ordinating group of 9-10 people and we hope to be able to offer a range of services. We would also like to make these services available to refugees and hosts outside the church and share resources with other churches and organisations. If you are thinking of hosting refugees but have not yet registered you can do so via the government website <https://homesforukraine.campaign.gov.uk>. Once you have done that you need to find refugees requiring hosts. This can be done through [www.homesforukraine.org](http://www.homesforukraine.org) although they are still working on their website. The Sanctuary Foundation ([www.sanctuaryfoundation.org.uk](http://www.sanctuaryfoundation.org.uk)) is run by Krish Kandiah, a Christian and they can support you further with information. We will be meeting shortly to discuss ways forward and then invite church members to volunteer to assist with the various activities e.g. someone has already offered to run an art group. As this is something that is likely to expand outside the church, I have set up an email address which can be shared widely for those seeking information: [stmatts.urag@gmail.com](mailto:stmatts.urag@gmail.com) Tessa



### **Christian Aid Ukraine Appeal**

Christian Aid have launched an emergency appeal for donations to help refugees from Ukraine. Christian Aid work through local partner organisations. You are invited to donate in support of this appeal, either (and preferably) via their website: <https://www.christianaid.org.uk/appeals/emergencies/ukraine-crisis-appeal> or by telephone: 020 7620 4444.

**Donations of goods for Ukraine** The local agencies seeking to help refugees with donations of goods are now suggesting we give money instead – see note above for the Christian Aid Appeal.

### **Help to Hope**

Struggling to pay the bills? You are not alone, and as a church family we want to try to help – initially with some small grants for food or fuel. So please do ask – have a quiet word to one of the clergy or to churchwarden Sylvia Barratt. In the coming months, we're also hoping to be able to run a session to provide some clothes; offer pointers to help budgeting; and some general healthcare advice.

## Jubilee Weekend plans

We are hoping to construct a time line in church to make a 'St Matthias' and Wellwood story of the Queen's reign. If anyone has any photographs of the Queen on Royal visits and any memorabilia that they are willing to share, please could you see Cecil or Sylvia.



**Covid measures?** Please do continue to wear a mask if you can, and be aware of distance and ventilation still. However, since we're sanitising hands on arrival to church, there's less value in sanitising them again immediately before receiving bread and wine of communion. We'll keep reviewing the situation.



**Messy Church...** Another fantastic afternoon on Tuesday, when 29 children and 14 parents enjoyed the story of Jesus Tempted in the Wilderness. Huge thanks to our great team of helpers which this time also included Archie, aged 9, who ran one of the craft tables - making cactus gardens! We would love more team members to help with this ever growing ministry - do please contact me if this could be you!

We are so excited that in April we will be offering for the first time, a Saturday afternoon alternative...the dates are Tuesday 12th and Saturday 16th, when we will be enjoying the Easter Story, crafts, worship and supper together. Please do contact me to book in on 01803 295268 or [stmattscw@st-matthias-church.org](mailto:stmattscw@st-matthias-church.org) Lena Thank you

## What's On /Events

**ALPHA continues...exploring life's big questions**

**23 March @ 7.30pm online** It's not too late to join! Contact Pete or Pere in the office (contact details below)

**LOVELIFE      LIVELENT** 😊



LIVING  
IN LOVE  
& FAITH

**Lent Course** continues on Monday 21 March at 7.30pm – repeated Wednesdays at 10am.

• **Sunday teaching on the 'Spiritual Disciplines'** – you may like to use one of these books to accompany your learning this Lent: the classic '*Celebration of Discipline*' by Richard Foster, or the more recent '*The Ruthless Elimination of Hurry: How to stay emotionally healthy and spiritually alive in the chaos of the modern world*' by John Mark Comer.

• **Organ Recital by David Davies 29th April 2022** We are looking forward to welcoming David Davies back to St Matthias for the first time since November

2018. David is the former Assistant Director of Music at Exeter Cathedral and is now the organist at Buckfast Abbey. He's promised us a wide-ranging programme with something for everyone. To find out more or to buy your tickets please speak to Christine Tibbetts after the 11 o'clock service. David's last concert proved a very popular event. One couple commented afterwards "we both love music but this was our first organ recital - and it was magical". We're looking forward to seeing you there!



**MOTHERING SUNDAY**  
**27 MARCH**  
*Who can you invite  
to come too?*

Monday – Friday 12-2pm Church open for visitors/prayer	
Mon 21 Mar	7.30pm Lent Course week 3 <i>in church</i>
Tues 22 Mar	9am Toddlers <i>in church</i>
	12-1.30pm Matts Knits <i>in church</i>
Wed 23 Mar	9am Holy Communion <i>in church</i>
	10am Lent Course week 3 <i>in church</i>
	7.30pm Alpha <i>on zoom</i>
Fri 25 Mar	10-11.30am Mummy and Me <i>in church</i>
	6.30pm Youth Alpha <i>in the Hall</i>
Sun 27 Mar	8am Holy Communion ( <i>Book of Common Prayer</i> ) <i>in church</i>
Mothering Sunday	11am Morning Worship <i>with Nicci Maxwell from Church Mission Soc</i>
	4pm Explore @ 4 <i>with Nicci Maxwell from Church Mission Society</i>

## Readings for Today

### Isaiah 55: 1-9

'Come, all you who are thirsty,  
come to the waters;  
and you who have no money,  
come, buy and eat!  
Come, buy wine and milk  
without money and without cost.

<sup>2</sup> Why spend money on what is not bread,  
and your labour on what does not satisfy?

Listen, listen to me, and eat what is good,  
and you will delight in the richest of fare.

<sup>3</sup> Give ear and come to me;  
listen, that you may live.

I will make an everlasting covenant with you,  
my faithful love promised to David.

<sup>4</sup> See, I have made him a witness to the peoples,  
a ruler and commander of the peoples.

<sup>5</sup> Surely you will summon nations you know not,  
and nations you do not know will come running to you,  
because of the LORD your God,  
the Holy One of Israel,  
for he has endowed you with splendour.'

<sup>6</sup> Seek the LORD while he may be found;  
call on him while he is near.

<sup>7</sup> Let the wicked forsake their ways  
and the unrighteous their thoughts.

Let them turn to the LORD, and he will have mercy on them,  
and to our God, for he will freely pardon.

<sup>8</sup> 'For my thoughts are not your thoughts,  
neither are your ways my ways,'  
declares the LORD.

<sup>9</sup> 'As the heavens are higher than the earth,  
so are my ways higher than your ways  
and my thoughts than your thoughts.

### **Luke 11: 1-13**

One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, 'Lord, teach us to pray, just as John taught his disciples.'<sup>2</sup> He said to them, 'When you pray, say:

“Father,  
hallowed be your name,  
your kingdom come.

<sup>3</sup> Give us each day our daily bread.

<sup>4</sup> Forgive us our sins,  
for we also forgive everyone who sins against us.  
And lead us not into temptation.”’

<sup>5</sup> Then Jesus said to them, ‘Suppose you have a friend, and you go to him at midnight and say, “Friend, lend me three loaves of bread; <sup>6</sup> a friend of mine on a journey has come to me, and I have no food to offer him.” <sup>7</sup> And suppose the one inside answers, “Don’t bother me. The door is already locked, and my children and I are in bed. I can’t get up and give you anything.” <sup>8</sup> I tell you, even though he will not get up and give you the bread because of friendship, yet because of your shameless audacity he will surely get up and give you as much as you need. <sup>9</sup> ‘So I say to you: ask and it will be given to you; seek and you will find; knock and the door will be opened to you. <sup>10</sup> For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.<sup>11</sup> ‘Which of you fathers, if your son asks for a fish, will give him a snake instead? <sup>12</sup> Or if he asks for an egg, will give him a scorpion? <sup>13</sup> If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!’

## Prayer

### Suggestions for our Praise and Prayer

**Sun.** Praise God for the freedom of worship – pray for those countries where it is dangerous to even name the Name of Jesus let alone to worship together.

**Mon.** As Covid rates rise again, please pray for all those seriously infected, for all to be vaccinated, for those working in hospitals again facing great demands and consideration for others as travel restrictions are now dropped.

**Tue.** With news of peace talks regarding Ukraine, pray for justice, fairness and peace and that there will be an end to hostilities. Sanctions are causing shortage of supplies of Russian wheat which is vital to feed many Third World countries, already suffering from drought and malnutrition. Please pray for these innocent victims and for food to be made available.

**Wed.** Pray for Her Majesty the Queen, that she will become really well again and able to undertake the tasks she would like to do. Praise God for her seventy years of reign.

**Thu.** Pray for all the activities put on by the church especially where people not in the church take part. Pray, too, for all who hire our rooms that they may “feel” God’s presence and peace.

**Fri.** Pray for teachers in our schools as they influence our young people. Pray about the possible appointment of a young person’s worker.

**Sat.** Pray for all in our fellowship who suffer physically, mentally and spiritually. Pray that they may find their needs met as they trust in our Lord.

**Sun.** Pray that the Lent Course may help us to be more compassionate Christians. Pray too for our Staff Team as well as our Wardens, Pere our Administrator and all lay people who help to lead services.



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too?*

**To contact the Church:**

**Office:** Pere Snow 01803 214175 [admin@st-matthias-church.org](mailto:admin@st-matthias-church.org)

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