

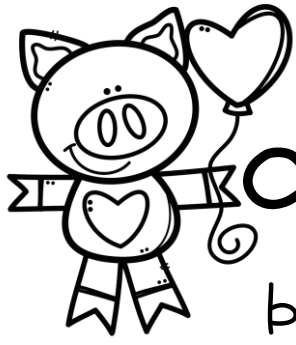


Contentment comes from being grateful and to be generous in Sharing what you have been given with others. The apostle Paul had something to say about that in a letter he wrote to a young preacher named Timothy. He told Timothy that we should be content with what God has given us. After all, we didn't bring anything with us when we came into this world and we won't take anything with us when we leave. People who seek to become rich often fall into temptation to do evil things, and when they stray from the right path, they bring much sadness into their life. Paul told Timothy to teach people that instead of seeking money and riches, they should seek to be rich in good deeds and share what they have with others.

1 Timothy 6:6-9

*Lent*

A time for sharing



I can have a

content heart

by counting my blessings.

