

**Ninth Sunday after Trinity
Sunday 2 August 2015**

Welcome!

*We are delighted to see you, especially if this is your first visit.
Please do join us for refreshments in the hall after the 10.30am service.*

Today	
8am	Holy Communion (BCP)
9.15am	Breakfastzone
10.30am	Family Holy Communion (CW)
During the Week	
Wed	9am Holy Communion followed by coffee in the Lounge
	12pm Josiah Lunch – in the Hall
Thurs	10.30-11.30am Prayer Meeting – in the Ark
Sunday 9 August	
8am	Holy Communion (BCP)
10.30am	All Age Worship including the baptism of Georgina Fearnley

Collect for Today

Gracious Father,
revive your Church in our day,
and make her holy, strong and faithful,
for your glory's sake
in Jesus Christ our Lord. Amen.

What's On & News

Thank you A big thank you to all who supported the recent 'inside open-air' service. £120 was raised from the BBQ and will go into the fund which aims to develop and enhance the youth work in the church.

From Maureen Taylor 'To all my dear friends at St Matthias Church. Please accept my thanks for all your prayers and lovely cards and gifts. It was great to see you and helped me to still feel part of the normal world. I am told I am making good progress, I guess I have to have a lot of patience and many more prayers. Bless you all for being there.'

Ordination of Paul Barton Saturday 26 September at 3pm at St Matthias Church. Further details to follow.

Pigeon holes Please take a look in your pigeon holes at the back of church as there are still some Christmas cards in there! Thank you.

Choir rehearsals - advance notice: 24 Sept, 1 Oct, 8 Oct for Harvest on 11 Oct and for Paul's ordination service on 26 Sept. Further details to follow.

Home Groups Norman and Lindsay Doidge will be taking over from Colin Cook as home group coordinator for St Matthias.

Street Pastors are looking for new recruits for Friday and Saturday nights. For more information please contact the Street Pastors office on 01803 411214 or see one of the Pastors from St Matts.

Help! We are losing some of our stalwart coffee-makers, some through infirmity or illness - and we urgently need some new volunteers to take on this very worthwhile task. Could you help in a team of three, say every six weeks or so? If so, please contact Sheila Hart (or leave a message in the Office) before the next rota is prepared. Thank you.

Lee Abbey – a church weekend away? If you'd be interested in coming to the beautiful North Devon Christian Conference Centre (www.leeabbey.org.uk), please register your interest on a sign-up sheet at the back of church. We're probably looking at the autumn or winter of 2016 to get their cheapest rates, but it is still quite expensive (£120 per adult, less for children) for Friday night to Sunday lunch all meals and children & youth work provision included. Please let

the office know privately if either you would like to contribute to a bursary fund, or else need to raid such a fund! Thank you.

Wondering what life is all about? Wanting to find out more about the Christian faith? We're running two courses exploring the Christian faith...In

early October and November, the 6 session course 'START!' and beginning January 2016, the more in-depth 'Alpha' course runs again

The logo for the 'Start!' course, featuring the word 'Start!' in a white, stylized, bold font with a black outline, set against a red rectangular background.

for 8 weeks. To find out more, please email or phone the office (details at end of this notice sheet) or have a look at



www.st-matthias-church.org

Ladies Lounge Volunteers needed for this project which is running at St Mary Magdalene Church. Ladies Lounge is a weekly women's only drop-in session set up to support the most vulnerable women in Torbay in need of emotional support, advice and information. For more details, please contact

atr@torbay.streetpastors.org.uk or ring 07895 155965.

**Social Core Events
for the whole church family:**

Sun 11 Oct	Harvest Lunch
Sat 31 Oct	Jollyween
Sat 21 Nov	Coach trip to Cardiff

Suggested topics for our personal prayers this week	
Today	Pray for the services today and all who lead them, especially for Breakfastzone.
Mon	Pray for all who are going to "New Wine" next week and that even now they may prepare to meet God in a new way.
Tues	Even though it seems a long way ahead pray that people will feel able to sign up to go for a Church time away at Lee Abbey.
Wed	Pray for Bishop Josiah in his new job in Lambeth and for the lunch to help his work in Nigeria.
Thurs	Pray for today's prayer meeting and that others may feel like praying for God's Church along with other Christians.
Fri	Pray that the right people may want to join "Start" the 6 session course exploring the Christian Faith followed by the Alpha Course in January.
Sat	Pray for those preaching, reading the scriptures, welcoming people at the door, or any other ministry. Again pray for beach missions, or young people's parties etc. praying that boys and girls may put their faith in Christ.
Sun	Pray for Georgina Fearnley being baptised today. Pray too for her family and friends as they come to share in the service. Pray for John our Rector and all who share with him in the ministry. Pray for Steve as he continues with his Reader training as well as his daily job.

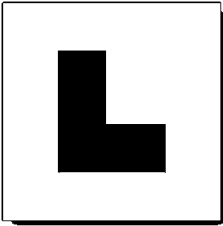
My Spiritual M.O.T...

Spend time aside with God to ponder your present prayer life, your relationship with Him...How well are you able to 'walk in step with the Spirit'? To what extent is the fruit of the Spirit to be seen in you? What would you dearly like to see change over the next few months?

Are there some things you have asked God to help you with in the past that you seem to never make progress with? Would talking this through with someone else help you deal with this differently?

How might the shape of your living, and learning help with living a more holy life for Jesus?

Here are some ideas to help you create a disciplined framework for learning and growing – some people call this a 'Rule of Life'. But remember, it aims to bring greater freedom: it is a vehicle for God's grace, not a legal code, and certainly should not be allowed to become a burden – or something that has a negative effect on people close to you...

		Daily	Weekly	Monthly
 'Turning up to lessons' 'Doing my homework'	Personal prayer and Bible reading <i>Does my current pattern work? What could change? Have I read a Christian book lately?</i>			
	Church <i>How do I approach worship and learning? How can I build up the community with love?</i>			
	House group <i>Am I taking my growth and learning seriously? How can I support others in their growth?</i>			
'Putting it into practice'	Family and friends <i>Time for them and also giving them time to be with God</i>			
	Serving others <i>Am I trying out and using my gifts? At home? At work? At church?</i>			
	Money <i>Are you planning your giving? Who is God asking you to give to?</i>			
	Re-creation <i>Exercise, play, relaxing...</i>			
	Retreat/review <i>When can you get away to be alone with God to reflect on how well you are growing towards a Christ-like maturity?</i>			

A Health Warning!

A rule is a means of grace – *'there is no condemnation'*
 Lived with compassion – *'love is the fulfilling of the law'*
 Transitory not permanent – *'follow me'*

Songs for Today

Higher than the highest mountain
deeper than the deepest deep blue sea
Stronger than the love of everyone
is the love of Jesus for me.

We're talking 'bout Jesus
We're talking 'bout Jesus
We're talking 'bout Jesus, Jesus,
Jesus and His love for me.

Higher than the highest mountain...

We're singing 'bout Jesus

We're whisp'ring 'bout Jesus

We're shouting 'bout Jesus

We're talking 'bout Jesus...

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One is the body and one is the Head,
one is the Spirit by whom we are led;
one God and Father,
one faith and one call for all.

Christ who ascended to heaven above
is the same Jesus whose nature is love,
who once descended
to bring to this earth new birth

Gifts have been given well suited to each;
some to be prophets, to pastor or preach,
some, through the Gospel,
to challenge, convert and teach.

Called to his service are women and men
so that his body might ever again
witness through worship, through deed and through word
to Christ our Lord.

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Readings for Today

Ephesians 4: 1-16

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. ² Be completely humble and gentle; be patient, bearing with one another in love. ³ Make every effort to keep the unity of the Spirit through the bond of peace. ⁴ There is one body and one Spirit, just as you were called to one hope when you were called; ⁵ one Lord, one faith, one baptism; ⁶ one God and Father of all, who is over all and through all and in all.

⁷ But to each one of us grace has been given as Christ apportioned it. ⁸ This is why it says:

‘When he ascended on high,
he took many captives and gave gifts to his people.’

⁹ (What does ‘he ascended’ mean except that he also descended to the lower, earthly regions? ¹⁰ He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) ¹¹ So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up ¹³ until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

¹⁴ Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. ¹⁵ Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. ¹⁶ From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

John 6: 24-35

Once the crowd realised that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus.

²⁵ When they found him on the other side of the lake, they asked him, ‘Rabbi, when did you get here?’

²⁶ Jesus answered, ‘Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. ²⁷ Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.’

²⁸ Then they asked him, ‘What must we do to do the works God requires?’

²⁹ Jesus answered, ‘The work of God is this: to believe in the one he has sent.’

³⁰ So they asked him, 'What sign then will you give that we may see it and believe you? What will you do?' ³¹ Our ancestors ate the manna in the wilderness; as it is written: "He gave them bread from heaven to eat."

³² Jesus said to them, 'Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³ For the bread of God is the bread that comes down from heaven and gives life to the world.'

³⁴ 'Sir,' they said, 'always give us this bread.'

³⁵ Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.'



Creche, Toilets, Baby Changing Facilities

At 10.30am communion services there is a staffed crèche in the Lounge downstairs, but if you wish to stay in the service, toys are available at the back of the church. Baby changing facilities are available in both toilets on the lower ground floor. There is a disabled access toilet at this level on your left as you exit church.

Contacting the Church

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